

---

Instructor	Course Overview
Carolyn Friedlander	Hand appliqué is a relaxing technique that is great for taking on new shapes and designs. This workshop will cover the technique, as well as general color and fabric ideas to think about. You have the opportunity to work with one of three patterns in class. See experience level for notes on technical differences between each. Of course if one is creatively speaking to you the most—pick that one!
Email	
cf@carolynfriedlander.com	
Experience Level	
Beginner	Fabric Selection
Sewing Machine Required	Most any fabric can work well for hand appliqué—thin (like cotton lawn or voile) to thick (like linen). Quilting cotton is the perfect middle ground to start with, but feel free to bring something else to try out as well.
No	

Required Fabrics (choose either Alturas, Park, or Hunt for your class project)  
Fabric amounts for the sham size (18' x 18") listed for each. Refer to pattern if you want to do a larger size.

For Alturas (18" x 18") you need the following fabric amounts

For the appliqué: 3/8 yard or 1 fat quarter or 9 squares

For the border: 1/4 yard

For the backing: 1 1/8 yard and refer to pattern for binding

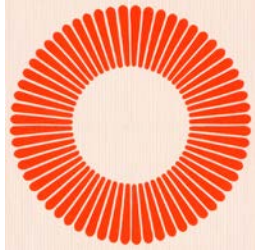
3/4 yard backing and 1/4 yard binding

For Park (18" x 18") you need the following fabric amounts

For the appliqué: 3/8 yard or 1 fat quarter

For the background: 1/4 yard

For the backing: 1 1/8 yard and refer to pattern for binding



For Hunt (18" x 18") you need the following fabric amounts

For the appliqué: ¼ yard and 1 fat eighth (9" x 21")

For the background: 1/2 yard and 1 fat quarter

For the backing: 3/8 yard and refer to pattern for binding

**Required Pattern** – choose the one of these patterns by Carolyn that you want to work on in class:

Alturas, Park, or Hunt

Beginner/Intermediate, each of the patterns offered has a different set of opportunities/challenges.

**Hunt** features only round shapes and would be one of the easier options.

**Alturas** features points, inside and outside curves on a smaller scale. With this option you can tackle more shapes over a smaller area.

**Park** features the same shape opportunities as Alturas but over a larger area/design. This give you more space to practice.

#### Required Supplies

50wt in contrasting color for basting)  
appliqué needles (such as Clover Gold Eye Needles No. 10)  
appliqué pins (such as Clover Appliqué Size 12)  
large fabric scissors (such as 9" Kai 7230 shears)  
small fabric scissors (such as 4" Kai N5100 scissors)  
removable marking tool (such as Pilot Frixion pen)  
seam gauge (such as Dritz Measuring Gauge or similar

#### Optional Supplies

-(optional) template plastic (for copying template). Paper template will be provided in class

-(optional) thimble

NOTE: Hunt pattern has acrylic templates available for purchase separately

-- **contact Carolyn**

#### Class Prep

Pre-wash fabric if desired

Pattern Covers Shown

Pick one to work on in class

