Shibori Fabric Dyeing Supply List 404/504

Instructor Course Overview

Lynn Koolish

Shibori is a method of dyeing fabric based on traditional Japanese resist techniques used to create wonderful patterns and textures. In this class,

we'll explore different methods including pole-wrapping, clamping,

stitching, folding, and twisting to create complex and dynamic fabric. You

will have 2 days to dye and over-dye to create dynamic patterned fabric or

garments.

There will be a \$40.00 supply fee paid to instructor for provided dyes and

Experience Level soda ash

Note: Wear old clothes and/or bring an apron

Samples can be viewed at www.lynnkoolish.com (click on classes)

Sewing Machine Required

Beginner

No

lynn@lynnkoolish.co

Email

Required Supplies

** Rubber gloves—dishwashing type, the longer the better

** Dust mask

** At least 1 plastic container with a wide mouth and screw-on lid that does not leak when shaken vigorously—options include condiment squeeze bottles and recycled food containers—just make sure the opening is large enough to fit a spoon into and that it doesn't leak when shaken

** 6–8 one-pint (6–8 oz) size plastic containers and 5–6 one-quart (32 oz) size plastic containers, such as used yogurt or cottage cheese containers

** 1-2 buckets, 2½-5 gallon size

If you are travelling to Sisters, and cannot bring buckets or other containers, we will have some available

** 1 gallon size Ziplock-type plastic bags (10–12 of them)

** Set of measuring spoons NOTE: these cannot be used for food after



they have been used with dye

** 4-6 plastic spoons

Scissors

- ** Roll of paper towels
- ** Sponges for cleaning up
- ** Several 1" -2" foam brushes
- ** Masking tape
- ** Plastic for covering workspace AND other plastic to wrap fabric in for batching overnight and to take home wet fabric
- ** Several 2" –5" diameter PVC pipes, 18"–24" in length (available in hardware & home improvement stores)
- ** Rubber bands and string (polyester, nylon, or other synthetic fiber), an assortment
- ** Needle and unwaxed dental floss or polyester thread for stitching
- ** Nylon or other synthetic fiber braided or coiled rope about 1/2'' 1'' in diameter, bring a 3'-4' length
- ** Clothespins (used as a resist and when putting fabric outside to dry)

Optional Supplies

- ** Any clamping devices that you have, or want to buy and bring (C-clamps, bulldog clips, binder clips, large squeeze clamps, etc.).
- ** If you have them, pairs of shapes that can be clamped together, such as plastic or wooden circles or squares, large metal washers, etc.
- ** Supplies not carried by The Stitchin' Post

Fabric Selection

Fabric: Any 100% natural fiber can be used. This includes cotton, rayon, linen, and silk. You can bring yardage and/or garments. Good quality fabric works best.

You can also bring previously dyed fabric, especially light-colored uglies

that you'd like to transform.

Important: Prewash all fabric (including PDF) in detergent or Synthropol or Dharma Textile Detergent & hot water – don't use fabric softener or dryer sheets

Bring 6–8 yards of fabric, you can also bring pre-hemmed scarves or garments; You don't have to start just with white fabric, you can bring already-dyed or commercial fabric that you want to overdye

!! Do not bring polyester, any synthetic or blends, or fabric that is permanent-press!!

You can also bring previously dyed fabric, especially light-colored uglies that you'd like to transform.

Specific or Generic Brand Supplies

white PFD cotton fabric

Kit Fee There will be a \$40.00 supply fee paid to Lynn the first day of class for provided dyes and soda ash

